

THE 30-DAY CONTENT GUIDE

Thailand: Architecture, Jungles & Coastlines

WEEK 1: BANGKOK & AYUTTHAYA (THE URBAN & ANCIENT)

Day 1: Mahanakhon SkyWalk Glass Tray. Shoot straight down through the glass floor for a dizzying, high-impact urban shot.

Day 2: Wat Arun at Sunset. Silhouette yourself against the glowing sky with the towering temple spires in the background.

Day 3: Yaowarat Road (Chinatown) at Night. Lean into a Y2K/cyberpunk aesthetic here. The chaotic, brightly lit neon signs make an incredible, moody backdrop.

Day 4: Wat Mahathat, Ayutthaya. The ancient stone Buddha head entwined in massive banyan tree roots offers a deeply historical, slightly dark and atmospheric shot.

Day 5: The Grand Palace. Wear a flowy, solid-colored outfit to contrast the hyper-detailed, glittering gold architecture.

Day 6: A Thong Lo Minimalist Cafe. Bangkok has world-class cafe culture. Grab a hot mocha or mocha frappuccino in an industrial-chic cafe for a casual, "day in the life" post.

Day 7: Vertigo Rooftop Bar. High-glamour night photography with the sprawling, glittering city lights of Bangkok directly behind you.

WEEK 2: CHIANG MAI & CHIANG RAI (CULTURE & CONTRAST)

Day 8: Wat Umong. A 700-year-old temple built into a network of underground tunnels. The dim, arched brick corridors are incredibly atmospheric and slightly gothic.

Day 9: Tha Pae Gate. The ancient red brick wall of the old city offers a beautifully textured, rustic background.

Day 10: Elephant Nature Park. Candid, joyful shots interacting with rescued elephants surrounded by lush green jungle.

Day 11: Doi Suthep Dragon Stairs. The massive, intricately carved Naga (serpent) staircases leading up the mountain are majestic and imposing.

Day 12: The White Temple (Wat Rong Khun). Bizarre, intricate, and entirely snow-white. It's a surreal masterpiece that pops perfectly against a blue sky.

Day 13: The Black House (Baandam Museum). A stunning contrast to the White Temple. This collection of dark wood buildings features animal bones, skins, and heavy, gothic-inspired Lanna architecture.

Day 14: The Blue Temple (Wat Rong Suea Ten). Vivid, intense sapphire blue and gold interiors for a highly saturated, vibrant shot.

WEEK 3: KOH SAMUI & KOH PHANGAN (TROPICAL NIGHTS)

Day 15: Coco Tam's Beach Club. Shoot evening video content sitting on bean bags on the sand while spectacular fire dancers perform against the black ocean.

Day 16: Ang Thong Marine Park Viewpoint. The steep hike pays off with a legendary panoramic shot of the emerald island archipelago.

Day 17: Secret Buddha Garden (Tarnim Magic Garden). Hidden high in the jungle hills, this garden is filled with moss-covered stone statues. It feels like stepping into a dark romance or fantasy novel.

Day 18: Chaweng Beach Salon & Thatched Bar. A relaxed lifestyle shot showing off fresh hair styling—perfect for highlighting your deep mulberry red wine color—followed by golden-hour content sipping cocktails at a rustic thatched bar right on the sand.

Day 19: Fisherman's Village Bophut. Rustic wooden walkways and glowing lanterns at dusk.

Day 20: Silver Beach (Haad Thong Ta-khian). Massive, smooth granite boulders dotting the white sand and clear water.

Day 21: Haad Rin Beach (Koh Phangan). Capture the high-energy, neon body paint and glowing lights of the island's famous nightlife.

WEEK 4: KRABI, PHUKET & PHI PHI (DRAMATIC COASTLINES)

Day 22: A Sri Thanu Bamboo Shala (Koh Phangan). An earthy, serene, natural bamboo backdrop perfect for a slow-morning matcha or yoga shot.

Day 23: Phra Nang Cave (Railay Beach). Shoot from inside the dark, jagged limestone cave looking out at the bright turquoise water for a beautiful framing effect.

Day 24: Prow of a Longtail Boat. The classic influencer shot: sitting on the tip of a wooden boat with colorful ribbons, heading toward towering cliffs.

Day 25: Tiger Cave Temple Summit. A sweeping, cloud-level shot showing the rugged Krabi mountains after the intense 1,200-step climb.

Day 26: Phuket Old Town. Wander the streets of Sino-Portuguese architecture. The colorful heritage buildings offer a completely different vibe from the beaches.

Day 27: Maya Bay. The iconic, enclosed white-sand beach. Arrive as early as possible to capture the empty, pristine coastline.

Day 28: Pi Leh Lagoon. Deep emerald water entirely enclosed by steep, green-topped limestone cliffs. Perfect for high-end swimwear shots.

Day 29: Promthep Cape. The most famous sunset viewpoint in Phuket, featuring a dramatic rocky peninsula jutting into the sea.

Day 30: Nui Beach (Phuket). A private, hidden cove famous for its massive woven nest installations and rope swings overlooking the water.